

PATIENT HEALTH MONITORING SYSTEM

Anjana S,
Student, Knowledge Institute of Technology,
Salem.
2k21cse007@kiot.ac.in

Gayathri R,
Student, Knowledge Institute of Technology,
Salem.
2k21cse030@kiot.ac.in

Giridharan P S,
Student, Knowledge Institute of Technology,
Salem.
2k21cse031@kiot.ac.in

Guhan PM,
Student, Knowledge Institute of Technology,
Salem.
2k21cse038@kiot.ac.in

Sasikumar P,
Supervisor,
Department of Computer
Science and Engineering,
Knowledge Institute of Technology,
Salem.
psacse@kiot.ac.in

Abstract – In today's fast-evolving world, staying ahead in healthcare is essential for early detection and management of health issues, enabling prompt decision-making. However, due to busy schedules, visiting medical facilities is often not feasible, leading to delayed treatment and severe complications. The proposed machine learning-based health monitoring system is an Android application designed to help users identify illnesses based on symptoms while facilitating communication with healthcare professionals. When users enter symptoms, the system applies machine learning and deep learning algorithms to diagnose illnesses accurately. It then provides a list of specialized doctors for consultation. Users can schedule appointments and seek medical advice via in app chat feature. This ensures accessible, efficient healthcare services, reducing hospital burdens. By integrating advanced technology, the system enhances patient convenience, improves healthcare accessibility and promotes proactive health management.

Keywords – Random forest, Predicting the length of stay, Data analytics, Dashboard.

1 INTRODUCTION

The rapid advancement of science and technology has led to increased complexity and automation in machinery. In industrial production, effective condition monitoring is essential for maintaining efficiency, reliability, and cost management. Monitoring parameters like temperature, vibration, and lubrication helps detect faults early, preventing potential failures. Machine learning (ML) techniques, including Random Forest, Naive Bayes, and XG Boost, are widely applied in fault diagnostics and equipment monitoring. ML, a branch of artificial intelligence, enables systems to analyze data without explicit programming,

medical diagnostics enhances early disease detection, optimize healthcare services, and ultimately improves patient outcomes.

1.1 PURPOSE

The purpose of this study is to explore the role of machine learning (ML) and artificial intelligence (AI) in healthcare for enhancing disease diagnosis, patient monitoring, and resource management. The research focuses on developing a smart health monitoring system that leverages ML algorithms to analyze patient symptoms, provide accurate diagnoses, and recommend specialized doctors. By integrating AI-driven predictive analytics, the system aims to improve healthcare accessibility, minimize hospital visits, and optimize medical decision-making. Additionally, this study highlights the impact of AI in early disease detection, risk assessment, and personalized treatment, ultimately contributing to better patient outcomes and efficient healthcare management.

2 PROBLEM STATEMENT

The goal is to develop a machine learning-based health monitoring system that accurately identifies illnesses based on user-provided symptoms and facilitates seamless communication with healthcare professionals. The system will utilize advanced algorithms to diagnose diseases, recommend specialized doctors, and enable users to book appointments conveniently. By leveraging AI and real-time data, the system ensures early disease detection, reducing dependency on in person consultations and improving accessibility to medical support. Dashboards, reports, and data visualizations will be created to enhance decision-making, offering insights into

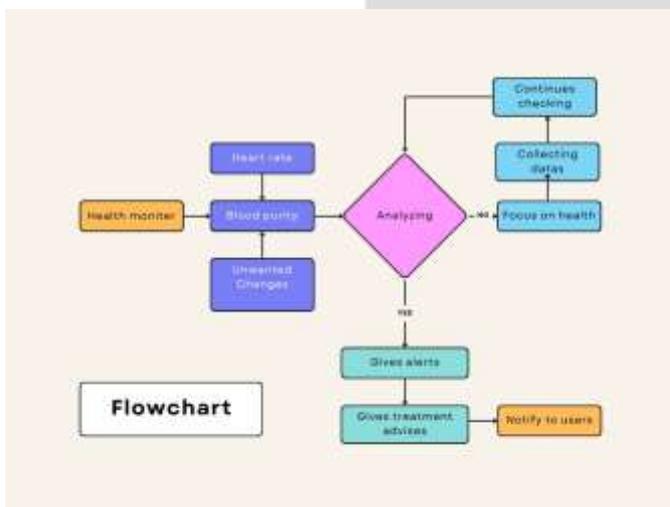
patient health trends and optimizing healthcare resource allocation.

3 PROPOSED SOLUTION

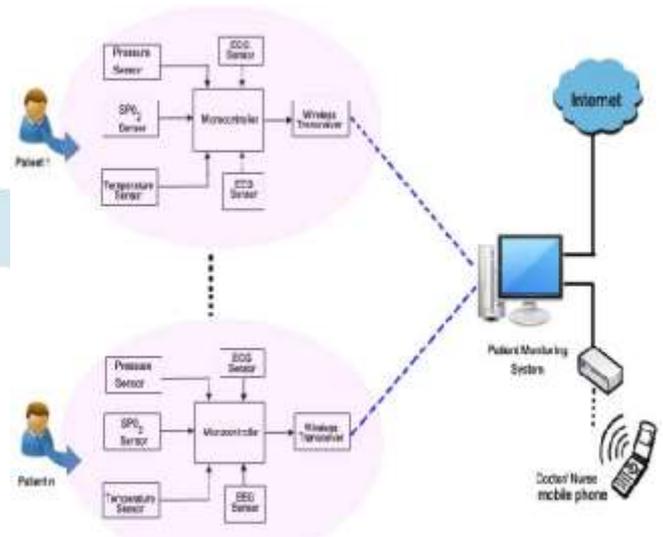
The proposed system includes both an analysis and a prediction process, and the user can select either analytics or a prediction operation to run on the dataset. This process's analysis step entails acquiring and assessing data relating to the proposed system. During this phase, the user selects the analytics option and uploads the dataset to the analytics tool for an analytics or prediction operation to run on the dataset. This process's analysis step entails acquiring and assessing data relating to the proposed system. During this phase, the user selects the analytics option and uploads the dataset to the analytics tool. The user can visualize the dataset's contents and then use those visualizations to build a dashboard, report, or story. In addition, the user can examine previously created dashboards, reports, and stories. This phase's purpose is to identify the potential benefits and downsides of the proposed system, as well as any hurdles that must be overcome. Following the completion of the analysis phase, the prediction phase involves the use of machine

learning algorithms to forecast future events based on historical data. In this phase, the user selects the prediction option, uploads the dataset using Python code, and forecasts the patients' length of stay using ML techniques such as the Random Forest algorithm. The expected output is saved in a CSV file. Finally, the CSV file will be displayed in the webpage.

4 DATA FLOW DIAGRAM



5 TECHNICAL ARCHITECTURE



6 FEATURES

6.1 REAL-TIME DATA COLLECTION USING IoT DEVICES

continuously tracking electrical parameters such as voltage, current, and power. This information is transmitted to a cloud server for processing and storage, ensuring seamless data gathering without human intervention. Real-time monitoring enables early detection of inefficiencies, minimizing the risk of unexpected machine failures. By incorporating IoT technology, the system enhances automation and improves overall reliability, allowing industries to optimize equipment performance and maintenance schedules efficiently.

6.1.1 SENSOR



Fig. No. 6.1.1

REES52 Pulse Sensor Heart Rate Sensor

The REES52 Pulse Sensor Heart Rate Sensor is used in a Patient Health Monitoring System to track a patient's heart rate (BPM - Beats Per Minute) in real time.

its accuracy and reliability improve over time. Early fault detection minimizes costly repairs, ensuring smooth operations and extending machine lifespan.

Patient_ID	ECG_Avg	Temperature_F	Respiration_Avg	Heart_Rate_Avg	Condition
101	72	98.9	18	78	Normal
102	80	98.2	22	110	Abnormal
103	85	97.1	18	92	Normal
104	118	98	25	180	Abnormal
105	75	98.5	17	88	Normal
106	88	98.8	22	105	Abnormal
107	88	97.3	18	95	Normal
108	120	98.1	28	140	Abnormal
109	90	98.4	22	98	Normal
110	88	98.2	28	125	Abnormal
111	95	98.3	22	121	Normal
112	92	98.6	27	87	Abnormal
113	122	98.1	28	87	Abnormal
114	81	97.5	28	124	Abnormal
115	95	98.8	22	142	Abnormal
116	105	98.6	19	182	Normal
117	128	98.2	28	128	Normal
118	88	98.5	28	141	Abnormal
119	112	98.7	18	79	Abnormal
120	87	98	22	125	Normal
121	98	98.1	20	88	Abnormal
122	118	87.1	28	181	Abnormal
123	117	98	28	182	Abnormal
124	95	98.9	13	88	Normal
125	82	98.2	23	92	Normal
126	88	98.9	25	75	Abnormal
127	75	98.8	29	88	Normal
128	112	98.8	17	144	Normal
129	94	98.2	14	189	Abnormal
130	85	98.8	22	187	Abnormal

Fig. No. 6.2.1 - Data Sets

6.3 MONITORING DASHBOARDS AND VISUALIZATION

The system provides an interactive dashboard that displays real-time machine health status, allowing users to monitor key parameters at a glance. Graphs and charts enhance data interpretation, making it easier to analyze performance trends. Load balancing conditions are visually represented to help detect imbalances and inefficiencies. Historical data trends assist in identifying recurring issues, enabling proactive maintenance. Maintenance teams can make informed, data-driven decisions to optimize machine performance. Custom reports can be generated for detailed performance tracking, ensuring continuous improvements



Fig. No. 6.1.2

ECG Module AD8232 Heart ECG Monitoring Sensor

The ECG Module AD8232 is a Heart ECG Monitoring Sensor that is commonly used in patient health monitoring systems to measure electrical activity of the heart (ECG - Electrocardiogram).



Fig. No. 6.1.3

MLX90615 Digital Infrared Temperature Sensor

The Grove MLX90615 Digital Infrared Temperature Sensor is a non-contact temperature sensor used in patient health monitoring systems to measure body temperature accurately without physical contact.

6.2 MACHINE LEARNING-BASED HEALTH ANALYSIS

The system leverages machine learning algorithms to analyze collected machine data, identifying patterns in power consumption to classify different operating conditions. By detecting anomalies, it predicts potential failures and supply imbalances in three-phase power systems. Predictive analytics helps reduce downtime and enhance overall efficiency by providing early warnings. As the system processes more data,



Fig. No. 6.3.1 - Dashboard

6.4 ALERT GENERATION AND MAINTENANCE RECOMMENDATIONS

The system automatically generates alerts whenever anomalies or irregularities are detected in machine performance. Notifications are sent via SMS, email, or a mobile app to ensure timely awareness of potential issues. It provides preventive maintenance recommendations to help avoid unexpected breakdowns and costly repairs. Critical issues are prioritized, allowing for a quick response to prevent major failures. Alerts help reduce machine downtime and overall maintenance expenses by enabling proactive decision-making. Users can customize alert thresholds for better control, enhancing reliability and extending equipment lifespan through timely interventions.

critical operational information in case of failures. Long-term data tracking helps optimize machine performance and improve overall efficiency.

7 ALGORITHMS USED

7.1 NAIVE BAYES

Naive Bayes is a classification algorithm based on Bayes' Theorem, which calculates the probability of an event occurring based on prior knowledge of conditions related to the event. It is called "naive" because it assumes that all features in the dataset are independent, which simplifies computations and speeds up training. Despite this assumption, Naive Bayes performs well in text classification, spam detection, and medical diagnosis. It works by computing the probability of each class given the input features and selecting the class with the highest probability. The algorithm is efficient, requires minimal training data, and can handle both small and large datasets. However, it may struggle with datasets where features are highly correlated. Due to its simplicity and accuracy in probabilistic classification, Naive Bayes is widely used in real-world applications.



Fig. No. 6.4.1 - Real time Alerts

6.5 DATA STORAGE AND EXPORT

All machine data is securely stored on a cloud server, ensuring reliable access and protection. Users can retrieve historical data at any time for in-depth analysis and decision-making. The system allows data export in CSV format, making it easy to generate offline reports. Secure storage ensures compliance with industry regulations and data protection standards. Cloud integration enables remote monitoring, providing users with real-time access from anywhere. Regular backups prevent data loss, safeguarding

```

import pandas as pd
import numpy as np
from sklearn.model_selection import train_test_split
from sklearn.metrics import accuracy_score
from sklearn.naive_bayes import NaiveBayesClassifier

# Load data
features = pd.read_csv('data/features.csv')
labels = pd.read_csv('data/labels.csv')

# Split data into training and testing sets (80% train, 20% test)
X_train, X_test, y_train, y_test = train_test_split(
    features, labels, test_size=0.2, random_state=42)

# Create and train the Naive Bayes model
model = NaiveBayesClassifier()
model.fit(X_train, y_train)

# Make predictions
y_pred = model.predict(X_test)

# Evaluate accuracy
accuracy = accuracy_score(y_test, y_pred)
print(f'Naive Bayes Accuracy: {accuracy * 100} (%)')
    
```

Fig. No. 7.2 - Model Training

8 PERFORMANCE METRICS

The system utilizes various machine learning models, including Random Forest, Naïve Bayes, and XG Boost, for disease prediction and health monitoring. The dashboard visualizations provide insights into patient health trends, including symptom analysis, risk prediction, and disease classification. Confusion matrix analysis, accuracy score, and classification reports are used to evaluate the model's effectiveness. The system's performance is optimized through hyperparameter tuning and cross-validation, ensuring improved prediction accuracy.

Patient ID	ECG (mV)	Temperature	Respiration Rate (breaths/min)	Heart Rate (bpm)	Predicted Condition	Alert Sent (Yes/No)
P001	1.2	36.5	16	75	Normal	No
P002	0.8	38.2	22	95	Fever	Yes
P003	0.5	37.1	14	55	Bradycardia	Yes
P004	1.5	39	25	110	Tachycardia	Yes
P005	0.9	36.8	18	80	Normal	No

Fig. No. 8.1 - Metrics

9 CONCLUSION

The healthcare sector faces significant challenges in ensuring timely diagnosis and effective patient management. The proposed Machine Learning-Based Health Monitoring System addresses these concerns by integrating advanced AI algorithms to predict diseases, provide personalized recommendations, and facilitate seamless doctor-patient communication. By leveraging Random Forest, Naïve Bayes, and XG Boost, the system accurately diagnoses illnesses based on user-input symptoms and health parameters. Through real-time dashboards, reports, and data visualizations, healthcare providers gain valuable insights into patient health trends, enabling better decision-making and optimized resource allocation. The system minimizes hospital overcrowding, reduces dependency on in-person consultations, and promotes proactive healthcare management.

The goal of this project is to analyse patient health data effectively. The dataset undergoes preprocessing, feature selection, and model training to ensure high accuracy in disease prediction. The system is further optimized using hyperparameter tuning and cross-validation techniques. The final implementation includes an interactive dashboard, appointment booking feature, and in-app chat for medical consultations, ensuring a comprehensive and user-friendly healthcare solution. By integrating AI-driven predictive analytics, this project contributes to early disease detection, personalized patient care, and overall healthcare efficiency, ultimately leading to improved patient outcomes and accessibility.

10 FUTURE ENHANCEMENTS

The Machine Learning-Based Health Monitoring System can be enhanced by integrating wearable health devices like smartwatches and fitness bands to collect real-time vitals such as heart rate, oxygen levels, and sleep patterns, enabling continuous monitoring. Deep learning models like Convolutional Neural Networks (CNNs) and Recurrent Neural Networks (RNNs) can improve disease prediction and anomaly detection accuracy. Additionally, an AI-powered voice assistant and chatbot can enhance user interaction, enabling healthcare access via natural language processing. AI-driven personalized health

insights can offer tailored recommendations based on patient history and lifestyle, promoting proactive healthcare. Blockchain technology can enhance data security and privacy by ensuring the secure storage and sharing of medical records. Multi-language support can improve accessibility, particularly in rural areas. An emergency alert system can notify family or healthcare providers of critical health conditions, ensuring timely intervention in all aspects.

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