An effect of career guidance and counseling services on students' career choice in senior secondary schools

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Abstract:

The objective of this study was to see the effect of guidance and counseling services on academic performance and career choice of students in selected secondary schools of Jaipur district. Descriptive survey design has been used. Descriptive survey design was used. The researchers purposively selected Jaipur district. The researcher selected six schools (3 RBSE schools and 3 CBSE schools) using simple random sampling technique. Finally, 15 students in each school were selected using simple random sampling, thus a total of 30 senior secondary school students participated in the study. For the purpose of this study, a hypothesis was generated. Data was collected using a researcher-designed instrument tagged "Effect of Guidance and Counseling Services on Students' Career Choice Questionnaire". T-test statistics were used to test hypotheses at the 0.05 significance level. The findings of this study showed that there was no significant difference based on the type of school. However, a significant difference was found based on the gender of the respondents and the number of times the students had visited the counselor. It was therefore recommended that the Ministry of Education should ensure that guidance and counseling units are set up in all RBSE and CBSE senior secondary schools in Jaipur district.

Keywords: career guidance and counseling, students’ career choice, RBSE and CBSE senior secondary schools

Introduction

The education system in Jaipur has undergone dynamic and rapid changes, which have had a huge impact on the learner, the educational institutions and the society. Since independence, there have been many changes in policy formulation and instructions, one of which is the introduction of provision of guidance and counseling services at all levels of the education system. The policies on guidance and counseling are aimed at preparing the students to face the challenges that they may face in and outside the education system. The function of education is to provide opportunities to each student to reach their full potential in the areas of academic, vocational, socio-personal and emotional development. Professional work is connected with necessity, difficulty, effort and obligation. On the other hand, it enables making use of one’s potential and gives the sense of fulfillment. It is hard to imagine one being happy with their life without being satisfied with their work. Therefore it is worthwhile to examine the sources of professional satisfaction as base for contentment and fulfillment at work and, consequently, in life. Teachers are a professional group having an undeniable impact on education of next generations, it is thus essential that this job is performed by people who are happy and not professionally frustrated. Hence, it is useful to define elements related to teachers’ professional work which contribute to increase in their professional satisfaction. The article aims at showing those factors which have the biggest impact on teachers’ professional satisfaction. Satisfaction with work will be discussed in the context of the most important zones of teachers’ professional activity. Dependencies between particular professional satisfaction factors will be exemplified by an analysis of empirical research, followed by presentation of its results.

Career has increasingly broadened from a term that is synonymous with occupation or job, to one that represents the configuration of all facets and roles of an individual’s life. All individuals have a career, paid employment is one element of career, and career development is a lifelong process. Career development is a unique process for each individual. Career counseling, instead of vocational guidance, therefore is defined as a set of counseling services offered for all individuals throughout the life span. There is a need of designing variety of counseling approaches to support individuals with the necessary skills that each individual were competent and efficiently cope with career conversion and career development.

Purpose of the Study

The purpose of this study is to investigate on the effects of guidance and counseling services on students’ career choice in some selected senior secondary schools of Jaipur.
Statement of Problem

Success in school is measured by the level of academic performance of the students. The performance of the students is the top most priority for the teachers. Stakeholders in education have affirmed that without the input of professional counselors the goal of education cannot be achieved. Counseling programs play an important role in preventing educational, personal, social, mental and emotional problems. Many school administrators have not yet accepted the program because they do not see the benefit of appropriate counseling services. There is a constant role conflict between headmasters, teachers and school counselors and this threatens the stability of guidance programs in schools.

Statement of the Study

“An effect of career guidance and counseling services on students career choice in senior secondary schools”

Objectives

➢ To study on the impact on student’s access to career guidance and counseling in Senior Secondary level on the basis of Gender(male and female)

Hypothesis

There is no Signification difference on the impact on male and female student’s access to career guidance and counseling in Senior Secondary level.

Method of the Study

Descriptive survey method was used in this study. Bolu-Steve and Oredugba (2017) described descriptive survey as a systematic description of an event in a very factual and precise manner. This method provides accurate description of a particular phenomenon at one or more points. The survey approach is considered appropriate since the study is interested in gathering information from a representative sample of senior secondary school students in jaipur.

Population

All RBSE and CBSE senior secondary level students of Jaipur district will be considered as population of the study.

Variables

➢ Independent Veritable: - Career guidance and counseling.
➢ Dependent Veritable: - Senior Secondary level students.

Descriptive Analysis

<table>
<thead>
<tr>
<th>Category</th>
<th>Total Student (N)</th>
<th>N</th>
<th>Mean (M)</th>
<th>Standard deviation (S)</th>
<th>t Value</th>
<th>level of significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male Se.Sec. Students</td>
<td>30</td>
<td></td>
<td>20.78</td>
<td>2.68</td>
<td>2.067</td>
<td>Hypothesis accepted</td>
</tr>
<tr>
<td>Female Se.Sec. Students</td>
<td>30</td>
<td></td>
<td>22.88</td>
<td>2.88</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Degree of Freedom (df) = N1+N2-2

<table>
<thead>
<tr>
<th>df</th>
<th>Value of t at 0.05 level</th>
<th>Value of t at 0.01 level</th>
</tr>
</thead>
<tbody>
<tr>
<td>28</td>
<td>2.048</td>
<td>2.763</td>
</tr>
</tbody>
</table>
Descriptive analysis

It is evident from table indicate that the finding for access to career guidance and counseling by the male and female secondary students access to career guidance and counseling in Senior Secondary level is 2.74 which is equal than 0.05 and 0.01 level of t-value 2.04 and 2.06 given in the table. Mean of both the group is 20.78 and 22.88 respectively the standard deviation is 2.68 approx 2.88. A significant difference was not found in the hypothesis and it is accepted.

Discussion

Also, on the Based on the conclusion of table it can be said that No major difference was not found between senior secondary male and female students on the basis of mean and also on the basis of standard deviation. No significant difference was not found between the male and female students. Teachers support “If we look at the school from the individual point of view of the student, the teachers have been able to understand the needs and potential of both the boy’s and girl’s emphasis is being laid on the good results of the students and they pay great attention to their studies. I emerged at zero point 05 or 0.01. On the basis of which the hypothesis presented is accepted.

The above difference can be explained by the below bar graph

Conclusion

- Teachers support “If we look at the school from the individual point of view of the student, the teachers have been able to understand the needs and potential of both the boy’s and girl’s emphasis is being laid on the good results of the students and they pay great attention to their studies. I emerged at zero point 05 or 0.01. On the basis of which the hypothesis presented is accepted.
- Students claim: “If we look at today's schools, what do most schools care about? It is known to be a prestigious school to get good results from its students, marginalized students from areas like This is also one of the reasons why the school does not have time to address other areas of the students, due importance is given to the good name tag for the school. Depending on which there was significant trend in the level of full confidence I emerged at 0. 05 or 0.01. On the basis of which the hypothesis presented is not accepted.

Educational Implications

- This research will also be very beneficial for Educational institutions will know only through this research that by keeping teachers stressed how much harm they do to themselves and the institution and how much damage they do to the students. and how much benefit can be gained by keeping teachers stress-free, all these information can be known through this research and institutions can be improved and the education system can be safe.
- This research will be beneficial for all the above as well as family, society and any organization etc. due to this research providing information about stress, family is very important for society and institutions because from its study, all of them will know that there are many benefits of keeping every person stress free everywhere and keeping them stress free. It may not be possible to get any work done.

Suggestions on the basis of findings

- On the based of the results, the researcher suggests to all the teachers that they should help to students even in difficult situations so that they do not take stress and try to solve the problem patiently and be happy and never get angry on small things. Do it because when anger comes, he cannot choose the right direction for himself. That's why a good teacher should avoid getting angry on anything so that the work of teaching-learning can be done properly.
The teachers should help the students in the time of stress in choosing their career courses because the life of the students is full of upheavals due to which they are not able to choose their career options in the right direction, so teachers should guide them properly needed.

References