



International Journal for Research Trends and Innovation

IJRTI | IJRTI.ORG | ISSN: 2456-3315

An International Open Access, Peer-reviewed, Refereed Journal

Certificate of Publication

The Board of
International Journal for Research Trends and Innovation
Is hereby awarding this certificate to

Akhtar Jahan

In recognition of the publication of the paper entitled
**Perceived Stress and Menstrual Cycle Disturbances Among College-Going
Female Students Aged 18â€“24 Years: A Descriptive Cross-Sectional Study**

Published in Volume 11 Issue 6, June-2026

Co-Authors -

Paper ID - IJRTI2606129

Editor-In Chief



INTERNATIONAL JOURNAL FOR RESEARCH TRENDS AND INNOVATION | IJRTI

An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijrti.org | Email: editor@ijrti.org | ESTD: 2016

Manage By: IJPUBLICATION Website: www.ijrti.org | Email ID: editor@ijrti.org