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**IJRTI | IJRTI.ORG | ISSN: 2456-3315**

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In recognition of the publication of the paper entitled

**EFFICACY OF MUSCLE ENERGY TECHNIQUE ON QUADRICEPS STRENGTH AND  
HAMSTRING FLEXIBILITY**

Published in Volume 10 Issue 8, August-2025

Co-Authors - Dr. Amrutkuvar Rayjade, Rutuja  
Rokade

**Paper ID - IJRTI2508162**

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