



**International Journal for Research Trends and Innovation**

**IJRTI | IJRTI.ORG | ISSN: 2456-3315**

*An International Open Access, Peer-reviewed, Refereed Journal*

## **Certificate of Publication**

The Board of  
International Journal for Research Trends and Innovation  
Is hereby awarding this certificate to

**Nazath Unissa**

In recognition of the publication of the paper entitled

**A PROSPECTIVE OBSERVATION STUDY ON IMPACT OF LIFESTYLE HABITS ON  
LIPID PATTERNS IN YOUNG ADULTS (20-40 YRS)**

Published in Volume 9 Issue 3, March-2024

*Co-Authors - Dr. Shibi Mary Thomas, Dr.  
Balakeshwa Ramaiah*

**Paper ID - IJRTI2403081**

**Editor-In Chief**



**INTERNATIONAL JOURNAL FOR RESEARCH TRENDS AND INNOVATION | IJRTI**

*An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal*

**Website: [www.ijrti.org](http://www.ijrti.org) | Email: [editor@ijrti.org](mailto:editor@ijrti.org) | ESTD: 2016**

**Manage By: IJPUBLICATION Website: [www.ijrti.org](http://www.ijrti.org) | Email ID: [editor@ijrti.org](mailto:editor@ijrti.org)**



**International Journal for Research Trends and Innovation**

**IJRTI | IJRTI.ORG | ISSN: 2456-3315**

*An International Open Access, Peer-reviewed, Refereed Journal*

## **Certificate of Publication**

The Board of  
International Journal for Research Trends and Innovation

Is hereby awarding this certificate to

**Dr. Shibi Mary Thomas**

In recognition of the publication of the paper entitled

**A PROSPECTIVE OBSERVATION STUDY ON IMPACT OF LIFESTYLE HABITS ON  
LIPID PATTERNS IN YOUNG ADULTS (20-40 YRS)**

Published in Volume 9 Issue 3, March-2024

*Co-Authors - Nazath Unissa, Dr. Balakeshwa  
Ramaiah*

**Paper ID - IJRTI2403081**

**Editor-In Chief**



**INTERNATIONAL JOURNAL FOR RESEARCH TRENDS AND INNOVATION | IJRTI**

*An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal*

**Website: [www.ijrti.org](http://www.ijrti.org) | Email: [editor@ijrti.org](mailto:editor@ijrti.org) | ESTD: 2016**

Manage By: IJPUBLICATION Website: [www.ijrti.org](http://www.ijrti.org) | Email ID: [editor@ijrti.org](mailto:editor@ijrti.org)



**International Journal for Research Trends and Innovation**

**IJRTI | IJRTI.ORG | ISSN: 2456-3315**

*An International Open Access, Peer-reviewed, Refereed Journal*

## **Certificate of Publication**

The Board of

International Journal for Research Trends and Innovation

Is hereby awarding this certificate to

**Dr. Balakeshwa Ramaiah**

In recognition of the publication of the paper entitled

**A PROSPECTIVE OBSERVATION STUDY ON IMPACT OF LIFESTYLE HABITS ON  
LIPID PATTERNS IN YOUNG ADULTS (20-40 YRS)**

Published in Volume 9 Issue 3, March-2024

*Co-Authors - Nazath Unissa, Dr. Shibi Mary  
Thomas*

**Paper ID - IJRTI2403081**

**Editor-In Chief**



**INTERNATIONAL JOURNAL FOR RESEARCH TRENDS AND INNOVATION | IJRTI**

*An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal*

**Website: [www.ijrti.org](http://www.ijrti.org) | Email: [editor@ijrti.org](mailto:editor@ijrti.org) | ESTD: 2016**

**Manage By: IJPUBLICATION Website: [www.ijrti.org](http://www.ijrti.org) | Email ID: [editor@ijrti.org](mailto:editor@ijrti.org)**