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In recognition of the publication of the paper entitled

**EFFECT OF STEAM BATH AND SAUNA BATH ON SERUM TRIGLYCERIDE
LEVELS IN OBESE INDIVIDUALS- A COMPARATIVE STUDY**

Published in Volume 7 Issue 10, October-2022

Co-Authors - Dr. Vanitha S Shetty ,Dr. Nitesh M
K ,Dr. Lakshmeesh D R

Paper ID - IJRTI2210040



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